# Community Directory

| **LOCAL COMMUNITY** | **NORTH EPPING 2121** | | | |
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| **Name:** | **Website** | **Email:** | **Phone Number:** | **Address:** |
| North Epping Family Practice | https://www.northeppingfamilypractice.com.au/ | | (02) 9868 7957 | 9/288-290 Malton Rd, North Epping NSW 2121 |
| Gleeson Advice & Care (Chemist) | | | (02) 9876 6280 | 288 Malton Rd, North Epping NSW 2121 |
| No Gaps Dental - Dentist Epping | https://www.nogapsdental.com/dentist-epping | info@nogapsdental.com | (02) 8007 6720 | 50E Rawson St, Epping NSW 2121 |
| Carlita Casey (Physiotherapy) | | | 0412764440 | Malton Rd, North Epping NSW 2121 |
| Sonia Gallart (Psychologist) | soniagallart.com | | 0402854896 | 76 Rawson Street, Epping 2121 |
| The resilience Centre | | | 9868 0377 | Suite 401/51 Rawson Street Epping 2121 |
| All Saints North Epping (Church) | https://allsaintsepping.org/ | | (02) 9876 3733 | 295 Malton Rd, North Epping NSW 2121 |
| Epping Branch Library | https://www.cityofparramatta.nsw.gov.au/living-community/library | | (02) 9806 5843 | Chambers Ct, Epping NSW 2121 |

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| Australia Post | https://auspost.com.au/locate/post-office/nsw/epping/2121/epping-post-shop-233066 | | 13 13 18 | 1 Oxford St, Epping NSW 2121 |
| **FITNESS** | | | | |
| Mind Body Motion Fitness Solutions | http://www.mindbodymotion.com.au/ | | 0430 052 561 | Epping Oval, Norfolk Road, North Epping NSW 2121 |
| North Epping Tennis Courts | http://www.ner.org.au/ | | (02) 9876 2000 | Boundary Rd, North Epping NSW 2121 |
| North Epping Rangers (sporting) | http://www.ner.org.au/<br>Facebook page - North Epping Rangers Sports' Club | | | |
| North Epping Community Facebook page | North Epping (NSW) Community Noticeboard | | | |
| **MENTAL HEALTH** | | | | |
| Beyond the blue | https://www.beyondblue.org.au/ | | 1300 22 4636 | |
| Kid’s helpline | https://kidshelpline.com.au/ | | 1800 55 1800 | |
| Lifeline | https://www.lifeline.org.au/ | | 13 11 14 | |

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| Head to health (The Australian government digital mental health & wellbeing resources) | Headtohealth.gov.au | | | |
| **SERVICES** | | | | |
| Starting block (Australian children's education care and quality authority (ACECQA) | https://www.startingblocks.gov.au/<br>Facebook - StartingBlocks.gov.au | enquiries@startingblocks.gov.au | | |
| Sydney community services | https://www.sydneycs.org/ | support@sydneycs.org | 02 9427 6425 | |
| Services Australia (Childcare subsidy – CCS) | https://www.servicesaustralia.gov.au/individuals/subjects/affected-coronavirus-covid-19 | | | |
| **Health** | | | | |
| Allergy and Anaphylaxis Australia | https://allergyfacts.org.au/<br>Facebook - Allergy & Anaphylaxis Australia | | 1300 728 000 | |
| Head to health | Website: https://headtohealth.gov.au/ | | | |
| Emerging Minds (Support services & information for families.) | https://emergingminds.com.au | | | |
| Step together helpline (violence) | https://steptogether.com.au/ | contact@steptogether.com.au | 1800 875 204 | |