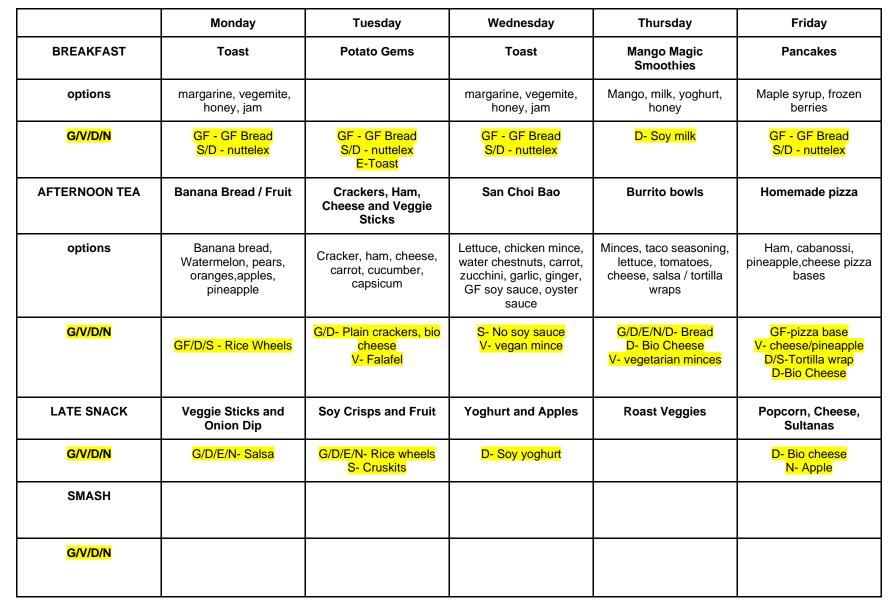


## **MENU PLAN**

## WK: 6 TERM: 3 DATE: 24/08/2020

**BREAKFAST** - A variety of cereals, including gluten free cereal are available every morning Fresh water is available all day/ Fruit bowl is available for children to have fruit in the afternoon



GF: Gluten Free V: Vegetarian S:Soy Free D: Dairy Free N: Nut Free E: Egg Free

Menu based on information from the Australian Dietary Guidelines 2013